

# CURRICULUM VITAE

## Saddam Ahmed Mohammed Al-Ahdal

Assistant professor of Nursing Sciences, Medical  
Surgical Nursing Specialty.

Resident in Yemen – Sana'a

Mobil: [00967-779071115](tel:00967-779071115) 

[00967-737197098](tel:00967-737197098)

E-mail: [Saddams4s4s4@gmail.com](mailto:Saddams4s4s4@gmail.com)



### PERSONAL INFORMATION:

- Date of Birth: 24/12/1982.
- Place of birth: Hodeida, Yemen
- Gender: Male.
- Marital Status: married.
- Nationality: Yemeni.
- Religion: Muslim.

### EDUCATION:

- Doctor of Philosophy "Ph.D." of Medical Surgical Nursing, Faculty of Nursing Sciences, University of Bahri, Sudan, on the 9<sup>th</sup> of December 2020.
- Master of Nursing Science (M.Sc.) "Cardiothoracic Nursing", Faculty of Nursing Sciences, University of Medical Sciences and Technology UMST, Sudan, (grade "distinction"), on 7/2/2018.
- Higher Diploma "qualified course" of public and tropical health, University of Medical Sciences and Technology UMST, Sudan, (grade "excellent"), (2019).
- Bachelor of Nursing Science, Faculty of Medical Sciences, Hodeida University, Yemen, (2005).

### **PERSONAL STATEMENT:**

- Looking forward to applying all my scientific and practical experiences to improve the educational level of nursing students.
- Contributing to developing of nursing skills, especially in cardiothoracic nursing.
- Working with colleagues to develop scientific research and use research findings of mine and related research in order to improve nursing services.

### **WORK HISTORY:**

- Assistant Professor of Medical Surgical Nursing, Faculty of Applied Medical Sciences, Sana'a University, YEMEN, Sana'a since 12/2022.
- Assistant Professor of Medical Surgical Nursing, Faculty of Applied Medical Sciences, Al-Razi University, YEMEN, Sana'a since 01/2022.
- Deputy Head, Department of Nursing and Midwifery, Al-Razi University, Sana'a, Yemen.
- Deputy Head, Department of Anesthesia, Al-Razi University, Sana'a, Yemen.
- Member, College Council, Faculty of Medicine and Health Sciences, Al-Razi University, Sana'a, Yemen.
- Member of the Scientific Research Committee at Al-Razi University, Sana'a, Yemen.
- Member of the Teaching Staff for Medical Surgical Nursing and Fundamental of Nursing at Azal University for Human Development, and Al-Razi University, Hajjah Branch.
- I have participated in Many Programs to Update and Course description of the Nursing and Midwifery Programs at Al-Razi Universities, Azal for Human Development, and Alnokhba University.
- I have Supervised Several Graduation Researches for Nursing, Midwifery and Anesthesia Students.

- I Examined Several Graduation Projects for Undergraduate Students in Nursing and Midwifery at Al-Razi University, Azal University for Human Development and Alnokhba University, Sana'a, Yemen.
- Faculty Member for Intensive Care Training for the General Administration of Services and Emergencies Program, Ministry of Health and Population, Sana'a, Yemen.
- Assistant Professor of Medical Surgical Nursing, Faculty of Nursing Sciences, Al-Mughtarbeen University, Khartoum, Sudan (12/2020 – 12/2021)
- Vice Dean, Faculty of Nursing, Al-Mughtarbeen University, Khartoum, Sudan (10/2019 – 12/2021).
- Lecturer of Medical Surgical Nursing, Faculty of Nursing Sciences, Al-Mughtarbeen University, Khartoum, Sudan since (01/2019 – 12/2020).
- Accredited trainer for First Aid and (Basic "CPR" and Advanced Life Support) at the Community Service Center, Al-Mughtarbeen University Khartoum, Sudan.
- Lecturer of Nursing Sciences at faculty of Nursing Sciences, University of Medical Sciences and Technology (UMST) since 2/2018.
- External examiner for the final exams at University of Medical Sciences and Technology and Al-Farabi College, Khartoum, Sudan.
- Demonstrator at nursing department, Faculty of Medicine and Health sciences, Hodeida University. (2006 until 2008).
- Clinical Instructor of the following undergraduate courses (fundamental of nursing, medical surgical nursing, renal failure and dialysis, community health and psychiatric health nursing) at Faculty of medicine and health sciences, Hodeida University.

- Registered nurse at the Yemen's Ministry of Health-Hodeida province since 2008.

### **TRAINING COURSES:**

- Basic life support course, Faculty of Nursing Sciences, University of Medical Sciences and Technology **UMST**, Sudan, (February 2017).
- Advance life support course, Faculty of Nursing Sciences, University of Medical Sciences and Technology **UMST**, Sudan, (February 2017).
- Basic hospital management, Faculty of Nursing Sciences, University of Medical Sciences and Technology **UMST**, Sudan, (October 2017).
- Advance epidemiology, Faculty of Nursing Sciences, University of Medical Sciences and Technology **UMST**, Sudan, (October 2017).

### **WORKSHOPS ATTENDED:**

- Systems and Methods of University Teaching Workshop, Khartoum University Center for Advance Training, Khartoum University, from 8<sup>th</sup> to 16<sup>th</sup> of October, 2019.
- Conducting a Literature Review, and Developing, and validating Questionnaire Workshop, which was held at Global Conference Center, University of Medical Sciences and Technology **UMST**, Sudan, on 06/02/2018.
- The Research Methodology and Ethics Workshop, Senior Training Center, Khartoum, Sudan, during the period of 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup>, December 2018.
- General Principle of Neonatal Resuscitation Program Workshop, Continuous Provisional Development Center, Khartoum, Sudan, on 6 august 2018.
- Nursing Intervention for Patient on Mechanical Ventilation Workshop, Continuous Provisional Development Center, Khartoum, Sudan, on 7 august 2018.

- Pre and Post Operation Nursing Intervention Workshop, Continuous Provisional Development Center, Khartoum, Sudan, on 8 august 2018.
- Basic of Hospital Management and Health Care Facilities Workshop, Continuous Provisional Development Center, Khartoum, Sudan, on 9 august 2018.
- The Scientific Writing Workshop, Faculty of Nursing Sciences, Khartoum University, 28/10/2017.
- The Nursing Research and Research Designs Tools Workshop, Faculty of Nursing Sciences, University of Medical Sciences and Technology **UMST**, 18-19/11/2017.

### **RESEARCH AREA OF INTEREST:**

- Nutrition support in patients with acute coronary syndrome **ACS**.
- Nursing management of patient post, pre, and intra open heart surgery.
- Emergency management of arrhythmias specialize in post cardiac surgery.
- Cardiopulmonary resuscitation **CPR**.
- Synchronize Cardioversion and A synchronize defibrillation therapy.
- Safety in coronary care unit **CCU**.

### **PUBLICATIONS**

- i. **Al-Ahdal, S. A.**, & Abdullah, M. A. (2020). Effect of Quality of Life in Rehabilitation Patients Following Cardiac Surgery at Sudan Heart Center, Khartoum, Sudan. **J. Cardiovasc Disease Res**, **11(4)**, 235-241. (**Scopus-indexed**) / [www.jcdronline.org](http://www.jcdronline.org) / ISSN: Print -0975-3583, Online - 0976-2833.
- ii. **Al-Ahdal, S. A.** and F. O. Makki (2020). "Nurses' Performance Regarding Emergency Management of Arrhythmias Post-Cardiac Surgery at Cardiac Centers, Khartoum, Sudan." doi:[10.5455/jcmr.2020.11.01.24](https://doi.org/10.5455/jcmr.2020.11.01.24) **Journal of Complementary Medicine Research** **11(1)**: 221-232 (**Scopus-indexed**). [www.jocmr.com](http://www.jocmr.com) / 2020, Vol: 11, Issue: 2 / E-ISSN 2577-5669.

- iii. Al-samawi, M. A. G., **Al-Ahdal, S. A.**, (2020) The Prevalence of Depression among Nurses Working at Public Mental Health Hospitals in Khartoum State, Sudan. [doi:10.31838/jcdr.2020.11.04.43](https://doi.org/10.31838/jcdr.2020.11.04.43). **Journal of Cardiovascular Disease Research (Scopus-indexed)** / [www.jcdronline.org](http://www.jcdronline.org) / ISSN: Print -0975-3583, Online - 0976-2833.
- iv. Albaser, N. A., Mohamad, A. W. H., AL-Kamarany, M. A., **Al-Ahdal, S. A.**, & Al-Awar, M. S. A. (2022). Impact of Khat (Catha Edulis Forsk), During Chewing Session, on Serum RBG Level in T2DM Patients Treated with Metformin. *Journal of Pharmaceutical Negative Results*, 43-47., DOI: <https://doi.org/10.47750/pnr.2022.13.04.171>, (Scopus-indexed) (www.pnrjournal.com) [ISSN: Print -0976-9234, Online - 2229-7723].
- i. Albani, G. F., Ahmed, A. N., Mohamed, E. Q., Al-sualihi, E. H., Mohamed, N., Alsamawi, M. G., & **Al-Ahdal, S. A.** (2023). Assessment of Nurse's Knowledge About Management of Chemotherapy Side Effects in Al-Amal Center for Oncology-Taiz, Yemen. *Al-Razi University Journal for Medical Sciences*, 7(1), **DOI: <https://doi.org/10.51610/rujms7.1.2023.143>**
- ii. Haza'a, A. A., Odhah, M. A., **Al-Ahdal, S. A.**, Al-Awar, M. S., & Al-Jaradi, A. (2023). Practice toward Procedure Endo-Tracheal Intubation among Anesthesia Staff at Public Hospitals-Sana'a City-Yemen. *Al-Razi University Journal for Medical Sciences*, 7(1). **DOI: <https://doi.org/10.51610/rujms7.1.2023.155>**

### **Ongoing research**

- Childhood autism awareness and knowledge among health professionals of MENA region countries.

- Empathy and Emotional Regulation as Protective Factors against Burnout among Nursing Students: A Multi-National Cross-Sectional Study.
- Patient Satisfaction towards Anesthesia and Anesthesia Providers in a sample of Sana'a Hospitals –Yemen 2022.
- Knowledge and Practices of ICU Nurses regarding Nosocomial Infection Control Measures at Governmental Hospitals, Sana'a City, Yemen.
- Effect of Educational Program about Breast Self-Examination among Secondary Schools Students, Sana'a city, Yemen.
- Depression and Quality of Life with Cancer Patients at National Oncology Center / Sana'a / Yemen
- Depression and Quality of Life with Hemodialysis Patients at Dialysis Center / Sana'a / Yemen.
- Depression and Quality of Life with Cardiac and Diabetic Patients at Sana'a Hospitals / Yemen
- (Lower back pain among health care workers in Al-Thawra general hospital authority).

#### **HOBBIES AND INTERESTS:**

- Reading " Nursing, medical, arts, and poetry.
- Traveling.
- Sports.

#### **SKILLS:**

- Language: Fluent in Arabic and Good in English.
- Computer knowledge.
- Office work.

### ACADEMIC REFEREES:

- **Dr. Higazi Mohammed Ahmed Abdallah**, professor of Medical Surgical Nursing, Faculty of Nursing – Karary University, Tel. 00249118679679 / 00249918543046.
- **Dr. Etimad Kambal**, Assist. Prof. of community health nursing, Faculty of Nursing Sciences, Al-Mughtarbeen University, Khartoum, Sudan Tel. 0024911958730 / 00249918195255 .
- **Dr. Amal Abdulqadir**, Professor of pediatrics and neonatal nursing, Faculty of Nursing Sciences, University of Medical Sciences and Technology UMST, Sudan Tel. 00249912554716.
- **Dr. Fathia Othman**, Assist. Prof. of medical surgical nursing, Faculty of Nursing Sciences, University of Khartoum, Sudan. Tel. 00249918096983.





Student No. 18-129936331  
Certificate No. 0004428

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
جمهورية السودان  
REPUBLIC OF THE SUDAN

UNIVERSITY OF BAHRI



جامعة باهري  
UNIVERSITY OF BAHRI  
0004428

## CERTIFICATE

This is to certify that

Saddam Ahmed Mohammed AL- Ahdal (Yemeni National)

HAS BEEN AWARDED Degree of Ph.D

IN Medical Surgical Nursing

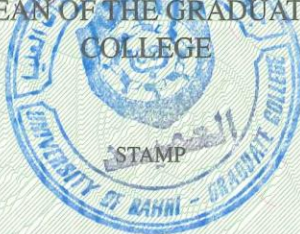
ON The 09<sup>th</sup> of December 2020

AFTER HAVING COMPLETED THE PRESCRIBED COURSE OF STUDY

IN The College of Nursing Sciences

By the Senate of the University of Bahri

Prof. Hind Abdel Aziz Elnasri  
DEAN OF THE GRADUATE  
COLLEGE



Uz. Entisar Mohammed Mahmoud  
REGISTRAR



Dr. Haytham Hago Abdelwahid  
SECRETARY OF ACADEMIC  
AFFAIRS



ANY ALTERATION OR CHANGES MAKE THIS CERTIFICATE INVALID  
THE CERTIFICATE IS ORIGINAL WHEN SIGNED AND STAMPED

الموقع: شارع محمد نجيب مقابل شارع 53 العمارات تلفون: 0157992248

Website: www.bahari.edu.sd Email: gs@bahri.edu.sd



Index No. NUR09-2016-001

## GRADUATE COLLEGE

### M. Sc. NURSING



## CERTIFICATE



THIS IS TO CERTIFY THAT

**SADDAM AHMED MOHAMMED AL-AHDAL**

(Yemeni Nationality)  
has passed the Final **M.Sc.** Examination

in the **FACULTY OF NURSING SCIENCES (Batch 9)**

and has been awarded the degree of  
**MASTER OF SCIENCE IN NURSING**  
(Cardiothoracic Nursing Specialization)

(grade "Distinction")

on February 07, 2018

*By the Senate of the University of Medical Sciences and Technology.*

*Abdalla*

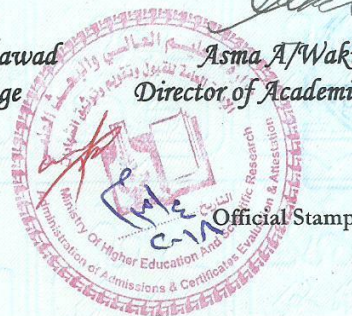
Prof. Abdalla Omer Elkhawad  
Dean, Graduate College

*Asma A/Wakil*

Asma A/Wakil  
Director of Academic Affairs

*Hassan*

Prof. Hassan Mohammed Ahmed  
President, UMST



Official Stamp

Date: 14/02/2018

## GRADUATE COLLEGE

### M. Sc. NURSING

Index No. NUR09-2016-001

Date: February 14, 2018

#### CERTIFICATE

This is to certify that student **SADDAM AHMED MOHAMMED AL-AHDAL** (Yemeni Nationality) was admitted to the **Master of Science in Nursing** (Batch 9) on February 13, 2016. During his study at the University, he obtained the following results:

First Semester:

Subject	Grade	Subject	Grade
Advanced Epidemiology	B	Health Informatics	A
Scientific English I	B+	Medical & Nursing Education	A
Computer & Network	A	Biostatistics	B
Scientific Research	B+		

Second Semester:

Subject	Grade	Subject	Grade
Health Planning & Management	A	Health Economics	A
Scientific English II	B+	Cardiothoracic Nursing	Ψ
Nursing Theories Development & Applications	A	Pharmacology	B
Nursing Ethics & Law in Practice	A		

Third Semester:

Subject	Grade
Cardiothoracic Nursing	Ψ

Fourth Semester:

Subject	Grade	Subject	Grade
Cardiothoracic Nursing <sup>Ψ1</sup>	A+	Thesis	A

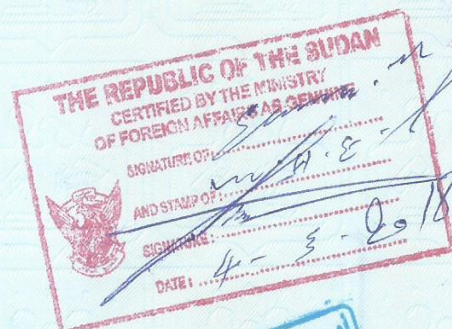
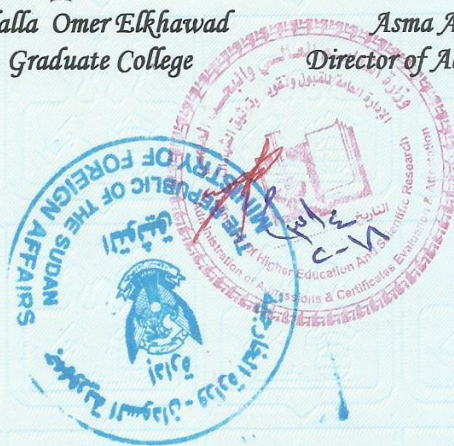
\* Grade after Supplementary.  
 Ψ Continuous Subject.  
 Ψ1 Final Examination of the Continuous Subject.

The Senate of the University has approved his graduation with the degree of M. Sc. in Nursing Sciences with "Distinction" on 07/02/2018 in Cardiothoracic Nursing Speciality.

*Abdalla Omer Elkhawad*  
 Prof. Abdalla Omer Elkhawad  
 Dean, Graduate College

*Asma A/Wakil*  
 Asma A/Wakil  
 Director of Academic Affairs

*Prof. Hassan Mohammed Ahmed*  
 Prof. Hassan Mohammed Ahmed  
 President, UMST



*Amira Hassan Bashir*  
 اميرة حسن بشير  
 Amira Hassan Bashir

Republic Of Yemen

HODEIDAH UNIVERSITY

Faculty : Medical Sciences  
DEPT : Nursing



الجمهورية اليمنية  
جامعة الحديدة

كلية : .....  
قسم : .....

Ref No: .....

# GRADUATION CERTIFICATE



This is to certify that Mr/Ms Saddam Ahmed Mohammed Hassan AL-Ahdal

Of Yemeni nationality, born in AL-Hodeidah

Was awarded the Bachelor's Degree in Medical Sciences

Majoring in Nursing with an overall

Grade: // V.Good // ( 83.64 %). He/She graduated in JUNE 2004-2005

Issued on 2 / 1 / 2010

Officer, Students Affairs

*[Handwritten signature]*

*[Handwritten signature]*

Vice-Rector for Students Affairs





**TRANSCRIPT**

The Faculty of Medical Sciences, certifies that: Mr. Saddam Ahmed Mohammed Hassan Al-Ahdal - Yemeni Nationality Was enrolled in the Faculty during the academic years 2001 . 2002 to 2004 . 2005. He was Awarded a Bachelors degree in June 2004, 2005 with Final grade of (V.Good ) ( 83.64% )  
The following are the subjects He studied during the course of his study .

**First year : 2001 / 2002**

**Second year : 2002 / 2003**

Subject	Marks	Hours	Grade	Subject	Marks	Hours	Grade
Fundamental of nursing (1)	221	6	Good	Medical Surgical Nursing (1)	569	10	Excel
Physiology (1)	70	2	Good	Medicine (1)	90	2	Excel
Anatomy (1)	115	3	Good	Surgery (1)	83	2	V.Good
Microbiology	91	3	Pass	Pharmacology (1)	97	2	Excel
Clinical Biochemistry (1)	114	3	Good	Psychology	83	2	V.Good
Computer (1)	73	2	Good	Sociology	86	2	V.Good
Arabic language (1)	135	3	Excel	Medical Surgical Nursing (2)	480	10	V.Good
English language (1)	129	3	V.Good	Medicine (2)	81	2	V.Good
Fundamental of Nursing (2)	290	6	V.Good	Surgery (2)	73	2	Good
Physiology (2)	91	2	Excel	Pharmacology (2)	90	2	Excel
Anatomy (2)	121	3	V.Good	Nutration	73	2	Good
Parasitology	98	3	Good	Islamic Culture	80	3	Pass
Biochemstry (2)	123	3	V.Good	////	////	////	////
Histology	103	3	Good	////	////	////	////
Computer (2)	95	2	Excel	////	////	////	////
Arabic language (2)	140	3	V.Good	////	////	////	////
English language (102)	120	3	V.Good	////	////	////	////
<b>Total Marks: 2129</b>	<b>Percentage : 77.41%</b>	<b>Grade: Good</b>		<b>Total Marks : 1885</b>	<b>Percentage : 83.779%</b>	<b>Grade: V.Good</b>	

**THIRD YEAR : 2003/ 2004**

**FOURTH YEAR : 2004/ 2005**

Subject	Marks	Hours	Grade	Subject	Marks	Hours	Grade
Gyneobestetric Medical & Nursing	466	10	Good	Community Health Nursing	373	7	V.Good
Medica Ethics	86	2	V.Good	Nursing Administration	370	7	V.Good
Nutrition of Pregnancy	100	2	Excel	Research Methods	90	2	Excel
Statistics	80	2	V.Good	Forensic Medicine	92	2	Excel
Pediatric Nursing	447	10	Good	Psychiatric nursing	410	7	Excel
Nutrition of Peditatic	72	2	Good	Intensive Care	96	2	Excel
Health Edacation	86	2	V.Good	Epidemiology	81	2	V.Good
Pathophysiology	97	2	Excel	Methods of Teaching	169	4	V.Good
Ophthalmology	93	2	Excel	Research Project	93	2	Excel
////	////	////	////	////	////	////	////
<b>Total Marks: 1527</b>	<b>Percentage : 80.36%</b>	<b>Grade: V.Good</b>		<b>Total Marks: 1774</b>	<b>Percentage : 86.53%</b>	<b>Grade: V.Good</b>	

Competent Official /Signed  
2010  
General Registrar

Director of Students Official  
Vice Rector for Students' Affairs  
جامعة الحديدة

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

ALMUGHTARIBEEEN UNIVERSITY



جامعة المغتربين

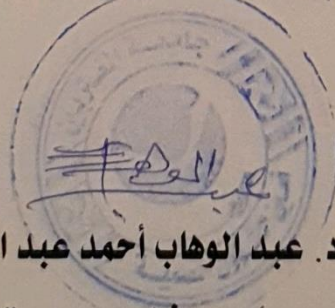
2022/01/02م

### شهادة خبرة

تشهد أمانة الشؤون العلمية بجامعة المغتربين أن الدكتور/ صدام أحمد محمد الأهدل عمل في وظيفة أستاذ مساعد التمريض الباطني والجراحي -بكلية علوم التمريض – ومدرّب سريري في قسم التمريض الباطني والجراحي منذ 2019/01/02م وحتى تاريخ 2021/12/31م، بالإضافة إلى شغله منصب نائب عميد الكلية منذ 2019/10/01م.

وكان متميزاً وملتزماً بأداء مهامه الأكاديمية والإدارية وحسن التعامل مع زملائه وقادر على العمل بروح الفريق الواحد، ومثالاً للقدوة الحسنة.

حررت له هذه الشهادة بناءً على رغبته لتقديمها لمن يهمه الأمر.



أ.د. عبد الوهاب أحمد عبد الرحمن

أمين الشؤون العلمية

